GOALS OF I-CARE

- It is important to remember that making a referral to I-CARE does not mean that a student is in any kind of trouble.

- Work to make sure our students feel supported and are connected with appropriate resources both on and off campus.

- Strive to support and address the needs of students who are in distress.

- Assist the campus community by providing consultation, outreach, appropriate referrals, and early intervention.

- I-CARE links students with other campus departments including but not limited to: the University Counseling Center, Disability Services, CASA, Financial Aid, and the Registrar’s Office.

- Develop relationships with local mental health organizations to coordinate options, resources and better continuity of care for students.

Concerned about the well-being or mental health of a student?

I-CARE can help!

To submit an online referral go to icare.tamucc.edu

For more information or consultation please contact Stephanie Majors, ICARE Case Manager or Angela Walker, Associate Dean of Students & I-CARE Chair, at 361-825-6219

PLEASE NOTE!

The I-CARE Team is not designed to respond to cases involving immediate threat to the safety of students and/or the campus community. Please contact UPD immediately for imminent situations or threatening behavior at 361-825-4444, or extension 4444 from a campus phone.
A growing concern for the mental health and well-being of students has become a top priority at TAMU-CC, and as a result, the I-CARE Team was developed.

The I-CARE Team is the Island University’s behavioral intervention team for students of concern and is coordinated by the Associate Dean of Students Office. The purpose of the I-CARE Team is to provide a centralized system for faculty, staff, administrators, and students to report concerns regarding students who are exhibiting disruptive, distressed and/or high risk behaviors. Our goal is to assist students and the campus community to move from a state of struggling or distress to a sense of safety, well-being, and success. The Team consists of representation from various departments across campus and meets weekly to receive updates from the I-CARE Case Manager regarding the needs of students. The Team then recommends appropriate resources and interventions to the I-CARE Case Manager.

College can be a stressful time for students. Emotional distress can not only have an impact on a student’s mental and physical well-being, but can interfere with academic performance as well. Some examples of students who may be in need of I-CARE support are classmates, friends, roommates, etc. who are struggling with sadness, depression, suicidal thoughts or actions, thoughts of harming others, repeated classroom disruption, exhibiting signs of an eating disorder, or showing signs of threatening behavior which does not pose an immediate risk to harm. I-CARE can help!

After a referral is received the I-CARE Case Manager may reach out to the student for support and gets them connected with resources both on and off campus. Together the student and ICARE Case Manager will meet to brainstorm ideas in order to develop a Student Success Plan (SSP). The SSP is designed to help get the student back on track and ensure their success at the Island University.

In the cases where a withdrawal is necessary the student and Case Manager will develop a Success Plan for re-enrollment, which will include steps to submit the withdrawal paperwork and describe what to do when the student is ready to re-enroll in the University.

The I-CARE Case Manager may follow-up with the student periodically throughout the semester to check-in, review the Success Plan and assess progress to make sure that the appropriate amount of support and resources are being offered.