

GOALS OF I-CARE

- A referral to I-CARE does not mean that a student is in any kind of trouble. We are here to support students and help them get back on track.
- We strive to address the needs of students who are in distress by making sure our students feel supported and are connected.
- Our office assists the campus community by providing consultation, outreach, appropriate referrals, and early intervention.
- I-CARE works closely with various campus departments to get students linked to services including but not limited to: The University Counseling Center, Disability Services, Career Services, CASA, Financial Aid, and the Registrar's Office.
- I-CARE develops partnerships with local mental health organizations and other community supports to coordinate options, resources, and continuity of care for students.

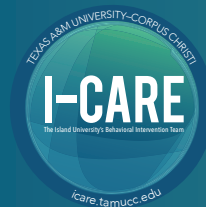
Concerned about the well-being of a student?

I-CARE can help!

To submit an online referral, go to **icare.tamucc.edu**

For more information or consultation please contact *the ICARE Case Manager or the Associate Dean of Students* at

361-825-6219



PLEASE NOTE

The I-CARE Team is not designed to respond to situations involving immediate threat to the safety of students and/or the campus community. If you come across an imminent situation or threatening behavior contact UPD immediately at 361-825-4444 or at extension 4444 from a campus phone.



TEXAS A&M UNIVERSITY
CORPUS CHRISTI

I-CARE

The Island University's
Behavioral Intervention Team

OUTREACH • SUPPORT
EARLY INTERVENTION



Office of the Associate Dean of Students
Texas A&M University-Corpus Christi
University Center 206
(361) 825-6219
icare.tamucc.edu

WHAT IS I-CARE?

Due to a growing concern for the well-being of students at TAMU-CC, I-CARE was developed. The purpose of I-CARE is to provide a centralized system for faculty, staff, students and parents to refer students they are concerned about who are exhibiting disruptive, distressed, and/or high-risk behaviors. The main goal of I-CARE is to assist students and the campus community to move from a state of distress to a sense of safety, well-being and success.

I-CARE is the Island University's behavioral intervention team for students of concern and is coordinated by the Office of the Associate Dean of Students. I-CARE consists of a team of representatives from various departments on campus who meet weekly to receive updates from the I-CARE Case Manager regarding the needs of referred students as well as to provide recommendations for appropriate resources and interventions.

I-CARE AND STUDENT PRIVACY

The I-CARE Case Manager may release information to outside parties only with the written permission of the student, except in situations when student safety may be at risk. Parents and guardians are not contacted unless there is permission from the student, a FERPA waiver is on file, or if there is a safety concern (i.e., suicide risk/attempt, emergency room evaluation and or threat to self or others).

ARE YOU CONCERNED ABOUT THE WELL-BEING OF A STUDENT?

College can be a stressful time for students and emotional distress can not only have an impact on a student's mental and physical health but can also interfere with academic performance. Some examples of students who might benefit from I-CARE support are classmates, friends, roommates, etc. who are struggling with sadness, depression, suicidal thoughts or actions, thoughts of harming others, repeated classroom disruption, and those exhibiting signs of an eating disorder or threatening behavior.

THE PATH TO SUCCESS

After a referral is submitted via the online referral system, the I-CARE Case Manager will follow-up with you to confirm that your referral has been received. The I-CARE Case Manager will then reach out to the student and schedule an appointment to meet with them.

Together the referred student and I-CARE Case Manager will brainstorm goals in order to develop an I-CARE Student Success Plan. The Student Success Plan is designed to help the student get back on track and encourage success at TAMU-CC both inside and outside the classroom. The student and I-CARE Case Manager may meet periodically throughout the semester to check-in, review the success plan, and assess progress to ensure that the appropriate amounts of support and resources are being offered..

HOW TO REFER A STUDENT

A referral can be submitted through icare.tamucc.edu. To ensure that a student is getting the support they need, be sure to include as much identifying information as you have. Include in the referral what you have specifically observed and what behaviors are of concern. Referring a student lets them know that you care about their well-being and that there are others on campus who can help. It is also helpful to let the student know they are being referred to I-CARE. Knowing that someone is concerned makes it easier for the I-CARE Case Manager to engage the student and connect them with support right away.

Students are always more than welcome to refer themselves to I-CARE. There may be times when a student finds themselves in distress and does not know where to go on campus for support. If you find yourself in this situation, I-CARE can help by assessing your current needs and linking you to resources both on and/or off campus. To refer yourself to I-CARE call or stop by the Office of the Associate Dean of Students and schedule a meeting with the I-CARE Case Manager.

